



Christian Counseling Sessions

Christian counseling is the joining of psychotherapy and Christian faith to help those going through various challenges and difficulties. We combine Biblical teachings and traditional counseling/therapy techniques to help individuals strengthen their relationship with God while working through their current struggles. Christian counselors meet their clients with compassion, assisting them in finding solutions that align with their beliefs and support them emotionally via the integration of Christian values.

***“The LORD is close to the brokenhearted
And saves those who are crushed in spirit.”***

Psalm 34:18

God knows our thoughts and understands our feelings. He helps us carry the weight of our despair. Jesus cared for those who were hurting and never minimized their afflictions. At 29:11 Healing Harbor, we aim to be the hands and feet of Jesus and help those who are in pain. We have personally experienced God’s comfort and love while enveloped in our own trials, and we can speak of the healing and peace that could only come from Him.

We believe:

✚ Christian Counseling is based on truth. Truth is the Word of God. We cannot discard it simply because we do not believe it.

✚ The Bible is the inerrant and infallible Word of God. It is a direct line of communication from the Lord. It contains the things God has said, divinely inspired by the authors He has chosen. The Word provides great wisdom concerning everyday aspects of life, including, but not limited to: *Family dynamics, love, relationships, joy, marriage, parenting, friendships, work, disappointment, finances, grief, physical and mental health, and SO much more...*

✚ Believers can and should be challenged to live a life where they love God, live by faith, display humility, become transformed, demonstrate love, act justly.

✚ Prayer is POWERFUL. It connects people with God and can help develop and strengthen one’s relationship with Him. God hears our prayers and wishes for us to call out to Him, as a child would call upon their own father or mother. At 29:11 Healing Harbor, we will pray with you, if you desire, and we will pray for you and whatever it is you are going through. We will also offer you scripture relevant to your situation.

“For I know the plans I have for you,” declares the Lord, “plans to prosper you and not to harm you, plans to give you hope and a future.”

Jeremiah 29:11

We are promised a hope and a future.

29:11 Healing Harbor is a place of HOPE, where clients can seek refuge during the "storms" of life.

We offer shelter in which you can rest, replenish, and restore
before setting sail on the next adventure in your journey.



29:11 Healing Harbor is not affiliated with any denomination.

We offer Christian counseling to anyone who seeks it.

**Whether you are Baptist, Catholic, Lutheran, non-denominational,
not affiliated with a church at all, have questions or are merely curious about God,
we are available to offer Christian counseling to you in a safe and non-judgmental environment.**

We can also provide additional resources to you as well.